

Helping YOU choose the right treatment for YOU



Cosmetic dentistry has changed



THE DAYS OF BEING TOO EMBARRASSED TO
SMILE ARE OVER

AND SO ARE THE DAYS OF HAVING TO HAVE
10 PORCELAIN VENEERS OR TWO YEARS OF
ORTHODONTICS...

What choices do YOU have to straighten YOUR teeth



- Traditional fixed braces
- Cosmetic six month braces
- Invisalign
- Inman Aligner
- Lingual braces
- Porcelain veneers

Traditional fixed braces



Pros:

- Stuck on teeth
- No compliance required
- Speech not affected

Cons:

- Long treatment time
- Unsightly metal braces
- Hard to clean teeth
- Can damage roots

Cosmetic six month braces



Pros:

- Almost invisible fixed brace
- No compliance needed. No change to lifestyle
- Shorter treatment times – only 4-7 months
- Speech not affected

Cons:

- The braces are visible
- Only the front teeth that show are aligned

Invisalign



Pros:

- Discreet almost invisible treatment
- Removable
- Teeth easy to clean
- Short treatment time, 6-9 months

Cons:

- Canine teeth hard to rotate
- Hard to intrude and extrude teeth

Inman Aligner



Pros:

- Fast treatment times – only 8 to 12 weeks
- Removable
- Teeth easy to clean
- Only need to wear 16-20 hours per day

Cons:

- Upper appliance can affect speech initially
- Only straightens the front teeth

Lingual braces



Pros:

- Invisible
- No compliance required

Cons:

- Will affect speech
- Braces will annoy tongue
- Hard to get the best results
- Expensive

Porcelain veneers



Pros:

- Results within two weeks
- No retention required after straightening
- Will give the WOW! Factor
- Can be used to give a smile more 'presence'

Cons:

- Higher cost
- Heavy tooth preparation required
- Teeth will look too perfect perhaps

Summary



- Invisalign is the most discreet but will take 12-24 months and both arches have to be treated
- Inman aligners are very quick and either arch or both can be treated
- Full fixed braces for two years are not for many
- Cosmetic six month ortho is barely visible and fast
- Porcelain veneers usually need some tooth preparation. Will give the wow factor and make a smile more visible if required.

Relative costs



- Invisalign for minor cases £2,300. Major cases £3,400
- Cosmetic six month orthodontics – £2,400
- Full orthodontic correction £2,700-£3,500
- Inman aligners for one arch £1,100. Second arch £895
- Porcelain veneers – from £475-650 each
- Fixed retainers are recommended to prevent the teeth from relapse. These are supplied at £165 each

What's right for you?



- Learn more about each procedure from the information on the website
- If you are ready for a consultation then come in and chat to the dentist.

What's right for you?



- Dentists tend to be perfectionists.
- Dentists usually see the 'Best' result which may be far more complex and expensive than YOU need or want.
- Most British patients want their own front teeth to be straightened quickly and discreetly. This keeps a little character in the smile.

What's right for you?



- Look at your teeth with a mirror. Work out which teeth bother you.
- Decide if you really want to embark on two years of Invisalign or would prefer to have teeth corrected in just a few weeks or months

Send in some photos for an online assessment



- Fill in the ‘**online mini consultation**’ on the homepage. The more information and photos the better to help us.
- We will respond with a provisional costed treatment plan based on your preferences and suitability
- Then make an appointment for a full **FREE** consultation. This give you a better chance to see and discuss all the options.

Payment options



- We offer 0% finance on all treatment options. Written quotations will be given to you once you decide upon your treatment.
- Extended finance options can be arranged over 24 and 36 months. These options do carry a small amount of loan interest.